



KNOW YOURSELF

ASK:

Who am I? What am I good at? And, what do I enjoy?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to complete a career test that explores my interests, strengths and personality
[Watch](#) CSLD workshop on major and career exploration.
 Complete [Personal Reflection Worksheet](#)
 List your past jobs, awards, projects, experiences, etc. to build your resume - [Resume Worksheet](#)
 Get your resume critiqued by a Career Ambassador during [Drop-in Hours](#)
 Activate your [Handshake](#) account & complete your profile
 Complete [Major and Career Exploration Gator TRACS](#) in iLearn
 Join the [Gator Leadership Circle Program](#) Meet with an [Undergraduate Academic Advisor](#) from UAC to discuss majors and course selection

Graduate School:

Attend [Graduate & Professional School Fair](#)

REFLECTION:

*What new discovery did I learn about myself as a college student?
 Is graduate school required for your career path?*

YEAR ONE



EXPLORE YOUR OPPORTUNITIES

ASK:

What careers align with my values, interests, personality and strengths?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to have a focused session on majors and careers
[Watch](#) CSLD workshop on major and career exploration.
 Go to [What Can I Do with This Major?](#), [ONet](#), [Occupational Outlook Handbook](#) or [Zippia](#) to research common career pathways for a variety of majors
 Use [Handshake](#) to research job titles and companies
 Join [Gator Connect](#) and [LinkedIn](#) to start building your network with SF State alumni and other professionals
 Complete [Networking Gator TRACS](#) in iLearn.
 Conduct an [informational interview](#) or job shadow with someone in your field of interest
 Visit the [Institute for Civic and Community Engagement \(ICCE\)](#) to learn more about service-learning classes and academic internships
 Volunteer or join a [student club](#) that aligns with your interests
 Attend CSLD employer recruiting [events](#) (i.e., employer info sessions or fairs)
 Meet with an [Undergraduate Academic Advisor](#) to discuss majors and course selection

Graduate School:

Attend [Graduate & Professional School Fair](#)

REFLECTION:

*What are 3 career paths that I found interesting?
 Is graduate school required for your career path?*

YEAR TWO



GET EXPERIENCE

ASK:

What practical experiences will improve my skills and clarify my career goals?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to discuss strategies for obtaining an internship
 Update your [resume](#)
 Develop your [elevator pitch](#)
 Complete [Networking Gator TRACS](#) in iLearn.
 Build your network and find a mentor on [Gator Connect](#)
 Create a [Big Interview](#) account to learn tips and complete video mock interviews
 Attend CSLD employer recruiting [events](#) (i.e., employer info sessions or fairs)
 Get an internship or part-time field-related job
 Visit the [Institute for Civic and Community Engagement \(ICCE\)](#) to learn more about service-learning classes and academic internships
 Take on a student leadership role on-campus or in your community
 Join the [President's Leadership Fellows Program](#) for juniors and seniors
 Contact your [College Resource Center](#) for general advising and/or your [Faculty Advisor/Dept. Website](#) for major advising

Graduate School:

Attend [Graduate & Professional School Fair](#)
 Complete research with faculty
[Research](#) graduate/ professional schools & admissions requirements
 Develop a [personal statement](#)

REFLECTION:

*What skills have I improved and what are my career goals?
 How do your experiences help build on your [career readiness competencies](#)?*

YEAR THREE



LAUNCH YOUR CAREER

ASK:

How will I implement my career plan?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to review all job application materials
 Complete Job & Internship Gator TRAC... *coming soon*
[Watch](#) Job Search Strategies webinar
 Present your strengths and [career readiness competencies](#) in your [elevator pitch](#)
 Conduct mock interviews on [Big Interview](#)
 Attend CSLD employer recruiting [events](#) (i.e., employer info sessions or fairs)
 Reach out to those in your network; use platforms like [Gator Connect](#) and [LinkedIn](#)
 Join professional associations in your field
 Contact your [College Resource Center](#) for general advising and/or your [Faculty Advisor/Dept. Website](#) for major advising

Graduate School:

Review & edit your [application](#) materials
 Gather [letters of recommendations](#)
 Prepare for admissions [tests](#) required of your program

REFLECTION:

*What is going well in my job search?
 What is not going well in my job search?
 What adjustments do I need to make to my career plan?
 How do I continue to expand my professional development beyond my time at SF State?*

YEAR FOUR +